



Nallamuthu Gounder Mahalingam College, Pollachi

(Autonomous) Re-Accredited by NAAC - An ISO 9001:2015 Certified
Institution, Affiliated to Bharathiar University
Pollachi, Coimbatore (Dt), Tamilnadu, India.



IQAC/2021-SEP/08



**Department of Human
Excellence
&**

**Manushi Institute of yoga
Chidambaram**

*Jointly organises
3 days workshop on*

Yoga for Heart care

"Commemoration of the 65th Formation Day"

Date: 29/09/2021 to 01/10/2021

Time: 9.00 am - 11.00 am

Chief guests:

29.09.2021- Dr.S.Natarajan
Programme Director, *Manushi*
Institute of yoga,
Chidambaram, Tamilnadu

30.09.2021- Dr.CV. Jayanthi
Founder, *Manushi Institute of*
yoga, Chidambaram Tamilnadu

01.10.2021- Dr.K.Perumal,
Director, WCSC VISION Aliyar.

Organisers:

Dr.S.Jagadambal
D.Gnanasoundari

Co-Organisers

S.Maheswari
V.Settu

Principal

Dr.R.Muthukumaran
NGM College

HOD

S.Jeyalakshmi
Department of Human Excellence

Platform: MS Teams

***E-certificate will be provided for participants**