



Nallamuthu Gounder Mahalingam College, Pollachi
(Autonomous) Re-Accredited by NAAC
An ISO 9001:2015 Certified Institution,
Affiliated to Bharathiar University, Coimbatore.



Commemoration of the 65th Formation Day

DEPARTMENT OF HUMAN EXCELLENCE

Online webinar on

SKY Yoga for Lifestyle Enhancement



21.09.2021
10-11 am



Resource Person

Mr. K. Sowmithran,

M.A. (YHE), Dip in Siddha, Varma

Organising committee

K. Santhi, Assistant Professor

D. Gnanasoundari, Assistant Professor

S. Jagadambal, Assistant Professor

Teams link
<https://bit.ly/3tQcfCQ>

**E- Certificate will be
provided**

Principal
Dr. R. Muthukumaran

Convener
S. Jeyalakshmi, HoD

IQAC/2021-22/SEP/063