



Programme : Guest Lecture
 Title : **“Passion for Excellence”**
 Resource Person : **N. Nagarajan.** Deputy Controller, N.G.M. College, Pollachi.
 Venue: **Vivekanadar Arangam** Date: **10.10.2013**



Village Service Programme
 Place: Koolanaickenpatti Date: 07.07. 2014



Programme : Guest Lecture
 Title : "Usage of Manavalagalai Yoga for Successful Life"
 Resource Person : Dr.K. PERUMAL, Director – VISION Academy,
 Temple of Consciousness Aliyar
 Venue : **Arutjothi Arangam** Date : 03.09.2014



Faculty Members of Department of Human Excellence
 Participated in National Seminar at Christ University –
 Bangalore from 19.02.2015 to 20.02.2015



Department of Human Excellence organized First International Day of Yoga on 21st June, 2015 at NGM College, Pollachi .



The National Level seminar organized by Department of Human Excellence on 29.01.2016, at Vivekanandar Arangam, NGM College Pollachi.



Programme : Guest Lecture
 Title : **“Family Peace”**
 Resource Person : Prof., Veerappan, SKY Professor, Chennai
 Venue: Arutjothi Arangam Date: 16.03.2016



2nd International Day of Yoga was organized by Department of Human Excellence on 21st June, 2016 at NGM College, Pollachi. Around 300 students and faculty members of various departments attended the function. NGM College Students performed various types Yogasanas.



Personality Development Course was conducted by the Department of Human Excellence to the Faculties (Aided , SF and Management Streams) and non – teaching staff of N.G.M. College, Pollachi, from 09.08.2016 to 26.08.2016 (12 days)



S.Maheswari, Assistant Professor, Participated in the NGM Mini Marathon (inter College event) in 3 Kms Organized by Department of Physical Education at NGM College, on 11.08.2016.



3 days Faculty Orientation programme was jointly organized by the Department of Human Excellence, Academy for professional development and Placement Cell from 01.09.2016 to 03.09.2016 at N.G.M College, Pollachi.



N.Suresh, B.com II year, NGM College, Pollachi was awarded gold medal in State level, 38th Tamilnadu Yoga Sports Championship – 2017 held on 29.01.2017. N.Suresh, B.com II year NGM College, Pollachi, was awarded gold medal in State level, 39th Tamilnadu Yoga Sports Championship – 2017 held on 18.02.2017. S.Suresh Raja, B.com I year NGM College, Pollachi was awarded gold medal in State level, 39th Tamilnadu Yoga Sports on Championship – 2017 (Gold Medalist) on 18.02.2017.



Programme : Guest Lecture
 Title : " **Ethics and Culture** "
 Resource Person : Thirumathi. Mariyammal , SKY Professor, Aliar.

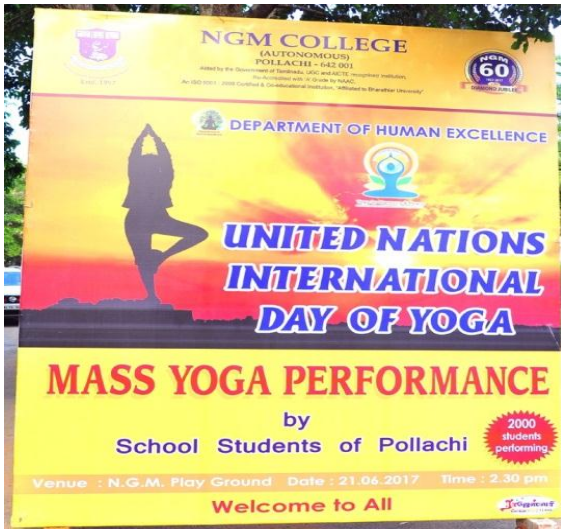
Venue : **Vallalar Arangam** Date : 09.02.2017



Yoga Training Programme was conducted by the Faculty members of Department of Human Excellence, at Vivekananda Vidyalaya Metriculation School, Kunchipalayam, Pollachi from 23.02.2017 to 01.03.2017.



Department of Human Excellence organized Yoga Training Programme for Panchayat Union Elementary School students, Puravipalayam on 03.03.2017



Third International Day of Yoga was organized by Department of Human Excellence on 21st June, 2017 at NGM College, Pollachi (2000 students from 38 schools participated)



Personality Development programme conducted by the Department of Human Excellence for SF Faculty members and Non-Teaching Staff on 23.06.2017



12 days Orientation programme to Home Guards of Coimbatore region (1½ hours x 12 days) on Human Excellence Course (Meditation, Asanas, Exercises and Introspection) August 2017.



Yoga Training Programme conducted by the Department of Human Excellence for Govt. School Second grade Science Teachers on 01.09.2017

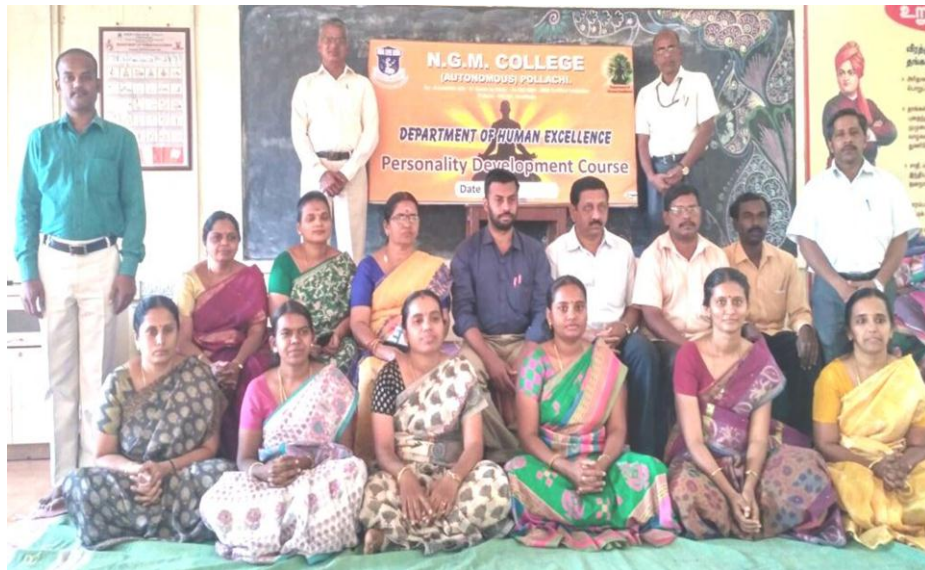


The National level Seminar conducted by Department of Human Excellence on 21.09.2017 at NGM College Pollachi.



Award Winners:

1. S.Maheswari, Assistant Professor,
Department of Human Excellence.



Personality Development Programme to NGM Staff members
was conducted by Department of Human Excellence from
08.01.2018 to 11.01.2018.

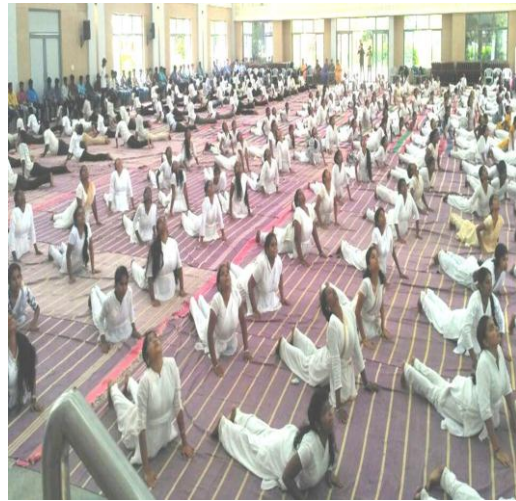


Programme : Guest Lecture
 Title : "Social values"
 Resource Person : Mr.S.Avudaiappan, SKY Professor, Aliar.

Venue : Vallalar Arangam Date : 11.01.2018



Department of Human Excellence inaugurated NGM Yoga Therapy Centre
 on 21.02.2018 at NGM College, Pollachi.



4th International Day of Yoga was Jointly Organized by Nehru Yuva Kendra Coimbatore and Department of Human Excellence of NGM College, Pollachi on June 21st 2018.



Department of Human Excellence & Vasan Eye Care Hospital, Pollachi Jointly organized Free Eye Camp from 30.07.2018 to 02.08.2018 (4days) at NGM College, Pollachi.



Faculty Orientation programme conducted by the Department of Human Excellence at Temple of consciousness Aliyar on 15.09.2018. More than 280 Faculty members from Aided and SF participated in this programme.



Essay Competition conducted by the Department of Human Excellence for UG students in the title of “Yoga for Modern Age” on 8th January 2019.



Award Winners:

1. S.Maheswari S.Shanmugavadiivu and P.Padma, Assistant Professors,

Department of Human Excellence.



One Day National Level workshop on “Impact of Value Education on Students” was conducted by the Department of Human Excellence on 27th February 2019 at NGM College, Pollachi.



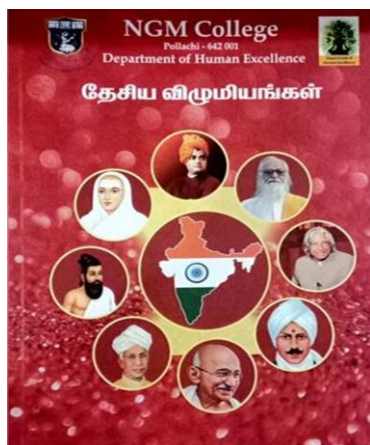
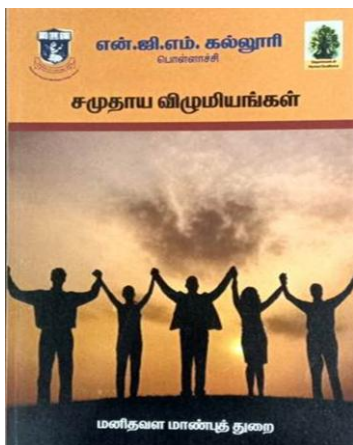
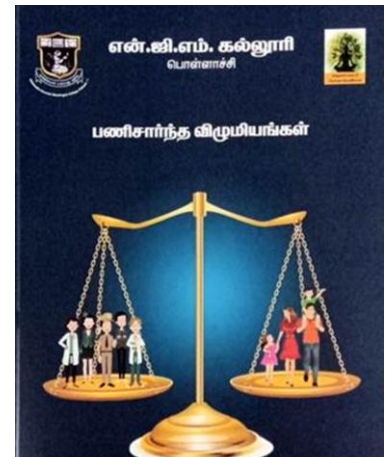
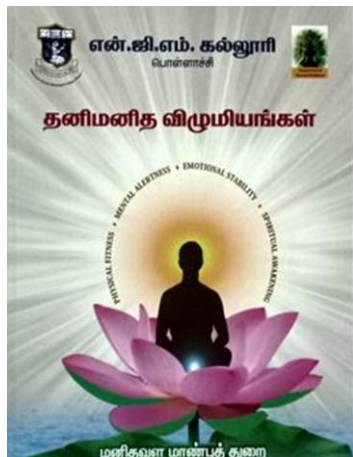
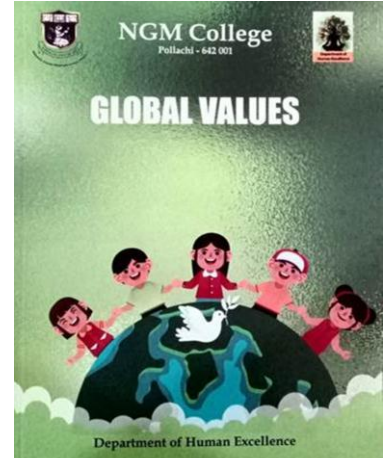
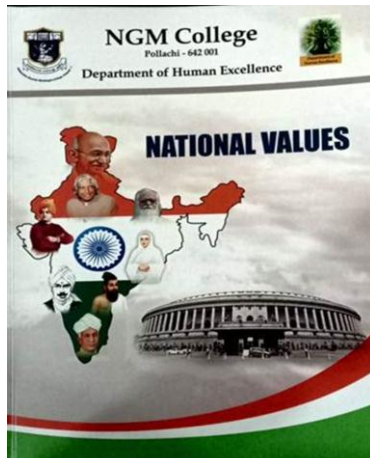
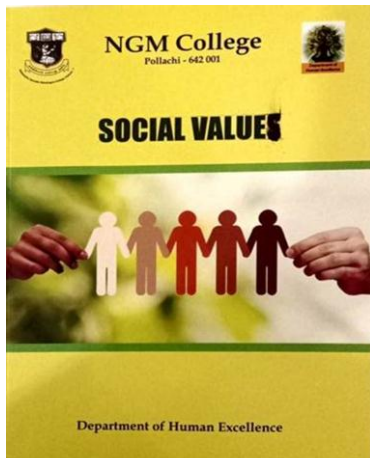
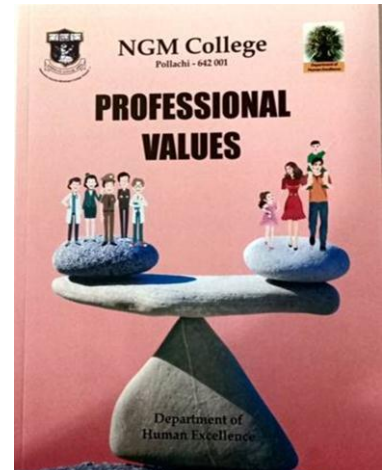
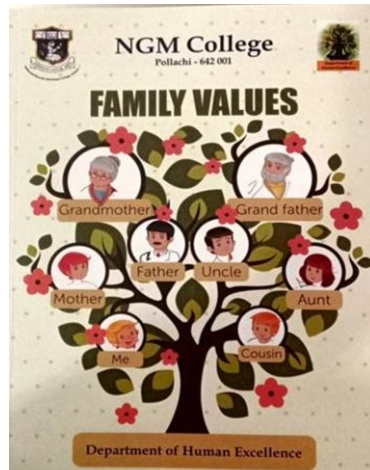
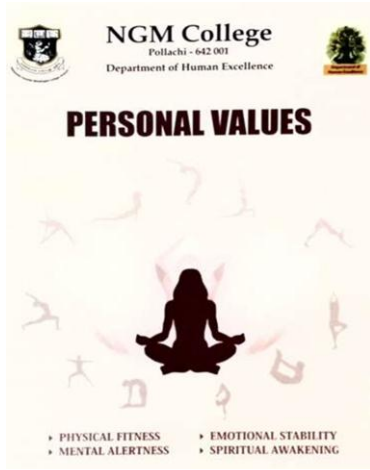
Yoga Competition conducted by the Department of Human Excellence
on 28.03.2019

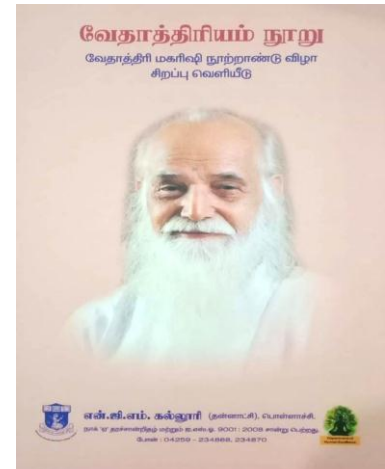
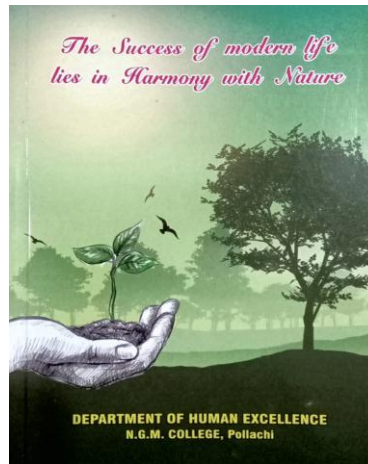
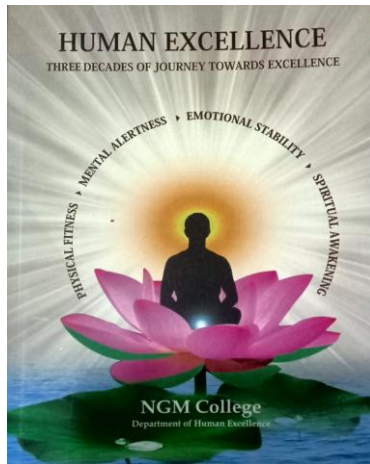
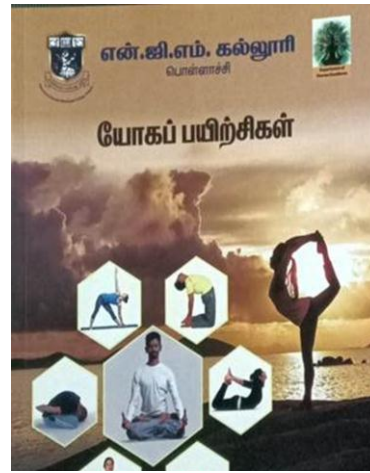
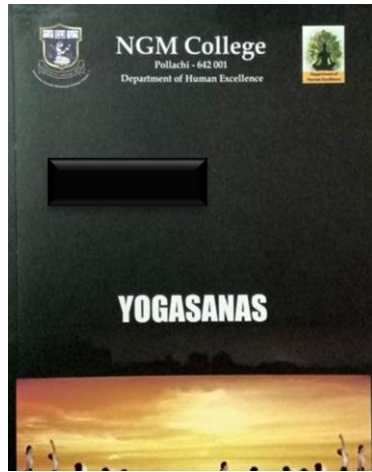


5th International Day of Yoga Organized by Department of Human Excellence of NGM College, Pollachi on June 21st 2019.



Students practicing Yoga and meditation in class room





Publications