

**Department Activities on year wise
2013 – 2019**

2013

S.no	Date	Activity	Topic	Resource person	No. of participants
1.	11.01.2013	Guest Lecture	Evolution of Universe and Living beings	Dr.S.Lakshmanan	250
2.	04.02.2013	Guest Lecture	Man is the Cause and Man is the Solution	Mrs.Vasanthi	180
3.	3.6.2013 to 5.6.2013	Extension activity for NGM faculty	Personality Development Programme	Dept of Human Excellence	4
4.	25.09.2013	Guest Lecture	India And Spirituality	Dr.P.Badrisriman Narayananan	150
5.	10.10.2013	Guest Lecture	Passion For Excellence	Mr.Nagarajan	150
6.	04.12.2013	Guest Lecture	Empowerment of Mind	Mr. Azhagan govindan	200

2014

S.no	Date	Activity	Topic	Resource person	No. of participants
1.	20.2.2014	Guest Lecture	Man is the Cause and Man is the Solution	Dr.K.Perumal	250
2.	07.03.2014	Guest Lecture	Food is Medicine	Mr. Sivakumar	250
3.	03.09.2014	Guest Lecture	Usage of SKY Yoga for Successful Life	Dr.K.Perumal	250
4.	17.09.2014	Guest Lecture	Importance of Yoga For Successful Life	Mrs. Meena Sathyamoorthy	200
5.	June to December 2014	Extension activity for SIIMS	Art of Self Management	Dept. of Human Excellence	120

2015

S.no	Date	Activity	Topic	Resource person	No. of participants
1.	January to December 2015	Extension activity for SIIMS	Art of Self-Management	Dept. of Human Excellence	120
2.	21.6.2015	1 st International day of yoga	Health awareness programme	Dr. B.K. Krishnaraj Vanavarayar	300
3.	11.09.2015	Yoga Training Programme	Yoga practices	Assit., Profe., P. Padma Dept. of Human Excellence	43

2016

S.no	Date	Activity	Topic	Resource person	No. of participants
1.	January to December 2016	Extension activity for SIIMS	Art of Self Management	Dept. of Human Excellence	120
2.	29.01.2016	National Seminar	Empowering Youth to Enrich Mankind	Mr. Vetha subbaiah, Mrs. S. Mahalakshmi, Mr. N. Krishna kumar, Mr. M. K. Dhamodaran, Dr. S. Selvin, Mr. C. Sathiyamurthy	436
3.	16.03.2016	Guest Lecture	Family Peace	Mr. Veerappan	150
4.	21.06.2016	2 nd International day of yoga	Health awareness programme	Dr. B.K. Krishnaraj Vanavarayar	300
5.	9.8.2016 to 26.8.2016	Extension activity for NGM faculty	Personality Development Programme	Dept of Human Excellence	40
6.	1.9.2016 to 3.9.2016	Extension activity for NGM faculty	Faculty Orientation Programme	Department of Human Excellence, APD and Placement cell	40
7.	16.09.2016	Guest Lecture	Mind Management	Mr. C. Manikandan	200
8.	20.09.2016	Guest Lecture	Professional Ethics	Mr. R. M. J. Ramanathan	150
9.	June 2016 to march 2017	Extension activity	Student's Intensive course for first year History and Tamil Literature students	Dept of Human Excellence	107

2017

S.no	Date	Activity	Topic	Resource person	No. of participants
1.	January to December 2017	Extension activity to SIIMS	Art of Self Management	Dept. of Human Excellence	210
2.	09.02.2017	Guest lecture	Ethics and Culture	Mrs. Mariyammal	110
3.	18.02.2017	Guest lecture	Karma Yoga	Mr.Thirunavukarsu	120
4.	23.2.2017 to 01.3.2017	Extension activity	Yoga training programme for VVM school students, Kunchipalayam	Dept. of Human Excellence	150
5.	03.03.2017	Extension activity	Yoga training programme for panchayat union elementary school students, puravipalayam	Dept. of Human Excellence	30
6.	21.6.2017	3 rd International day of yoga	Health awareness programme for school students	Dr. B.K. Krishnaraj Vanavarayar, Dr.K.Perumal	2500
7.	01.09.2017	Extension activity	Yoga training programme for secondary grade science teachers	Dept. of Human Excellence	40
8.	11.09.2017	Guest lecture	Cause and Effect	Mrs. Mariyammal,	100
9.	21.9.2017	International seminar	Success of modern life lies in harmony in nature	Mr. C.Sathyamoorthy Mr. Krishmoorali Eswar	110
10.	09.10.2017	Guest lecture	Passion For Excellence	Dr.Pragadeeswaran	100

2018

S.no	Date	Activity	Topic	Resource person	No. of participants
1.	January to December 2018	Extension activity for SIIMS	Art of Self Management	Dept. of Human Excellence	120
2.	08.01.2018 to 11.01.2018	Extension activity for NGM teaching and non-teaching faculties	Personality Development Programme	Dept. of Human Excellence	14
3.	11.01.2018	Guest lecture	Social Values	Mr.S.Avudaiappan	110
4.	30.01.2018 to 03.02.2018	Extension activity for	Yoga training programme for Marriammal School students, Pollachi	Dept. of Human Excellence	150
5.	21.2.2018	Community programme	Yoga Theraphy	Dr. B.K. Krishnaraj Vanavarayar, Dr.V.R. Arivazhagan	500
6.	21.6.2018	4 th International day of yoga - jointly organized by Dept. Human Excellence and Nehru Yuva Kendra, Coimbatore	Health awareness programme	Dr. B.K. Krishnaraj Vanavarayar, Dr V. Velmurugan,	500
7.	16.7.2018	Memorandum of understanding (MoU)	--	Vasan Eye Care Hospital, Pollachi and NGM College, Pollachi	--
8.	30.7.2018 to 02.08.2018	Community programme	Eye Camp	Dr. C. Dharmaligam, Vasan Eye Hospital, Pollachi	5000
9.	08.08.2018	Guest lecture	Kayakalpam	Mr. Madhan Kumar	120
10.	14.08.2018	Guest lecture	“NationalValues”	Mr.T.Suresh	100
11.	17.12.2018	Guest lecture	Ecological imbalance and solution	Mrs. V. Vijayaprabha	120

2019

S.no	Date	Activity	Topic	Resource person	No. of participants
1.	January to March 2019	Extension activity to SIIMS	Art of Self-Management	Dept. of Human Excellence	120
2.	22.01.2019	Guest lecture	Food is medicine	Dr. Harshavarthan	400
3.	08.01.2019	Essay Competition for students	Yoga for modern age	Dept. of Human Excellence	110
4.	19.02.2019	Guest lecture	Individual and social development	Dr. Lakshmanan	150
5.	27.02.2019	National level workshop	Impact of value education on students	Mr. S.Jayaprakash, Mrs. Mala Jayapraksh	180
6.	09.01.2019	Speech competition for students	Yoga for holistic health	Dept. of Human Excellence	30

Publications of Department of Human Excellence

S.no	Name of the Book	Year of Publication	ISBN
1	Personal Values (English version)	2 nd Edition -2015	Nil
2	National Values	4 th Edition -2015	978-93-87009-28-8
3	Global Values	5 th Edition - 2015	978-93-87009-32-5
4	Professional Values	6 th Edition -2016	978-93-87009-30-1
5	Empowering the Youth to Enrich Mankind	2016	Nil
6	The Success of Modern Life Lies in Harmony with Nature	2017	9788193388297
7	Personal Values (Tamil version)	8 th Edition - 2018	978-93-87009-33-2
8	Family Values	6 th Edition - 2018	978-93-87009-31-8
9	Social Values	7 th Edition -2018	978-93-87009-29-5
10	Yoga Practices	1 st Edition 2018	978-93-87009-35-6