

BIO-DATA



Name : S.SHANMUGA VADIVU

Date of Birth & Age : 08-10-1982 & 36 years

Designation : Assistant Professor

Official Address : Department of Human Excellence,
Nallamuthu Gounder Mahalingam College,
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Coimbatore-641105.

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Educational Qualification : M.A.,(Economics), M.A.,(Yoga), DYHE.

Course	Major Subjects	College/University/Institution	Year of Passing
B.A	Economics	NGM College, Pollachi	2003
M.A	Economics	Annamalai University, Chithambaram	2011
M.A	Yoga for Human Excellence	Bharathiar University, Coimbatore	2013
Perusing Ph.D. in Yoga for Human Excellence, Bharathiar University, Coimbatore.			

Residential Course : (D.Y.H.E) Diploma in Yoga for Human Excellence (Vethathirian Philosophy – 4 months residential course at Temple of Consciousness, Aliyar) Certified by Avinashilingam University for Women. (From 25th December 2006 to April 2007)

Area of Specialization : Yoga for Human Excellence.

Teaching Experience : 5 years

Refresher / Orientation Courses attended:

- Participated in the Faculty Development Programme on “Man Making Education”, Organized by Swami Vivekananda Study Circle, Kongunadu Arts and Science College, Coimbatore, on 4th July 2015.
- Worked as a coordinator in Faculty Orientation Programme jointly organized by the Department of Human Excellence, Academy for Professional Development and Training and Placement Cell, NGM College, Pollachi. Course days from 01.09.2016 to 03.09.2016

Seminar, Workshop, Conference attended:

- Participated in the National Seminar on “Empowering the Youth to Enrich Mankind” Organized by the Department of Human Excellence, NGM Colleg, Pollachi, on 29th January 2016.
- Participated in one day workshop on “Workshop on E-Content Development” at NGM College, Pollachi on 11th April 2018.
- Participated as a coordinator in the International Day of Yoga, Jointly Organised by the Nehru Yuva Kendra – Coimbatore, Ministry of Youth Affairs & Sports and Department of Human Excellence, in NGM College, Pollachi, on 21st June 2018.
- Presented a research paper on “Physical Exercise and Physical Health” in the National Conference Cum Workshop on Integrated Holistic Approach Towards Physical and Mental Health & Integrated Exercise Practices for Reducing High Blood Pressure ,Organized by Department of Physical Education, Government Arts College, Paramakudi, on 27th July 2018.

Articles Published:

- Published an article in the Journal named International Recognition Multidisciplinary Research Journal Associated & Indexed by EBSCO, USA. (ISSN : 2249-894X) Impact Factor: 5.7631(UIF) Volume-8 Issue-1, in the month of October 2018.

Topic – ‘Physical Exercise and Physical Health’.