

Event ID: IQAC/2024-25/DEC/107



Nallamuthu Gounder Mahalingam College

(Autonomous)

Re-Accredited by NAAC and ISO 9001:2015 Certified Institution

Affiliated to Bharathiar University, Coimbatore

Pollachi - 642 001

Name of the Workshop/Seminar: **2 Days Workshop for Soft skill on Thuriya Meditation(Initiation) For Student**

Department : Human Excellence

Name of the Organizer : S. Jeyalakshmi, N.Panneerselvam, P. Veersithivinayagan,
S. Shanmugavadivu, V. Settu. S.Maheswari,P.Padma, G.Gnanasoundari,
K.Santhi, S.Jagadambal ,D.Yashotha, A.Srikavitha.

Category : Workshop

Date : 31.12.2024 & 02.01.2025

No. of Days : Two days

No. of Participants: 1103

Target Audience : Students

Beneficiaries of the Event : Students

Link to the Activity report on the we

https://youtu.be/R_qJwXr-TjE

For P. M. D. U.
Head & Assistant Professor,
Department of Human Excellence,
Nallamuthu Gounder Mahalingam College,
Pollachi.

Dr. R. MANICKA CHEZIAN M.Sc., M.S., Ph.D.,
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IQAC/2024-25/DEC/107

Nallamuthu Gounder Mahalingam College

(Autonomous), Pollachi

Re-Accredited by NAAC with A++ Grade in 4th Cycle
ISO 9001:2015 Certified Institution
Affiliated to Bharathiar University, Coimbatore.
Pollachi-642 001

2 DAYS WORKSHOP FOR SOFT SKILL DEVELOPMENT ON THURIYA MEDITATION (INITIATION) FOR STUDENTS

31.12.2024

Special Address

R.Om Sakthi.(BE)
Professor WCSC Aliyar .

02.01.2025

Special address

R.Parthiban.(D.M.E.)
Professor WCSC, Aliyar

ORGANIZED BY
DEPARTMENT OF HUMAN EXCELLENCE

Organized Committee

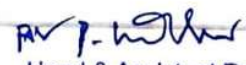
Mrs.S.Jeyalakshmi (HOD)
Mr.N.Panneerselvam,
Dr.P. Veerasathivanayagan,
Dr.S.Shanmugavadivu,
Mr. V. Settu,
Dr. S. Maheswari,
Mrs.D.Gnanasoundari,
Mrs. k. Santhi,
Dr.S. Jagadambal,
Mrs.D.Yashotha,
Mrs.A. Srikavitha,

Advisor

Dr. Saravana Babu,
Dr.Umapathi

Principal (I/C)

Dr.R.Manicka chezian
NCM College,
Pollachi.


Head & Assistant Professor,
Department of Human Excellence,
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Report of the Event:

The Department of Human Excellence, NGM College, Pollachi, organized a Two-Day Workshop on Soft Skill Development through Thuriya Meditation Initiation on 31st December 2024 and 2nd January 2025.

On the first day, Prof. R. Om Sakthi (BE), WCSC Aliyar, delivered a special address and guided students through Thuriya Meditation practices.

On the second day, Prof. R. Parthiban (DME), WCSC Aliyar, conducted the session, emphasizing the benefits of deep meditation. The workshop had a significant impact, enhancing students' brain functioning, focus, concentration, and memory, thereby improving their academic performance. A total of 1,103 students were successfully initiated into Thuriya Meditation, equipping them with valuable skills for personal and academic growth.


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ATTENDANCE SHEET
THURIYAM MEDITATION
N.G.M. COLLEGE (AUTONOMOUS) : POLLACHI - 642 001.

COURSE & BRANCH : BcACB

MONTH & YEAR : DEC & 2024

SUBJECT CODE : 24 HEC 202

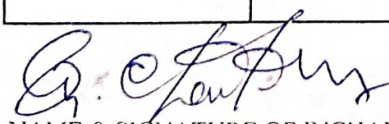
31.12.2024

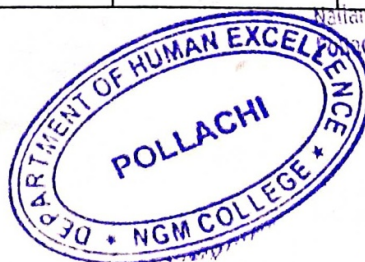
TITLE OF THE PAPER : HUMAN EXCELLENCE - FAMILY VALUES VALUES &
INDIAN YOGA PRACTICE - II

Reg. No	Signature	Reg. No	Signature
24-BC-56	V. Aadhissh	24-BC-85	M. Tharshant
24-BC-57	T. Bala Krishnan	24-BC-86	E. Dharmini
24-BC-58	S. Deepak Kumar	24-BC-87	C. Dhinyath
24-BC-59	V. Dindya	24-BC-88	D. Durga
24-BC-60	S. Kalaiyandasan	24-BC-89	G. Gopika
24-BC-61	Kanagaswaran. K	24-BC-90	H. H
24-BC-62	P. Kavir Kumar	24-BC-91	V. Janani
24-BC-63	Kanayaram. J	24-BC-92	J. R. Kalaiselvi
24-BC-64	S. Lakshmanan	24-BC-93	B. Kanilka
24-BC-65	A. Madhavan moorthi	24-BC-94	Koushika Bhaxathi. A
24-BC-66	S. K. Megh Suripun	24-BC-95	Lekha Devi. K
24-BC-67	S. S	24-BC-96	L. Nagalakshmi
24-BC-68	M. Prakash Raj	24-BC-97	A. Nithyadevi
24-BC-69	K. Priyadarshan	24-BC-98	M. Pakitha
24-BC-70	A. Purneshwaraman	24-BC-99	S. Parvitha
24-BC-71	Rathin Charles. J	24-BC-100	S. Rasviya bogam
24-BC-72	S. Senthil	24-BC-101	V. Sabareeswari
24-BC-73	K. Sasthianan	24-BC-102	H. Sathya
24-BC-74	G. Sini	24-BC-103	S. Sathya
24-BC-75	R. S	24-BC-104	S. Sathya
24-BC-76	M. S	24-BC-105	G. Suganthi
24-BC-77	R. Senthil Kumar	24-BC-106	M. Swathi
24-BC-78	M. Vijay	24-BC-107	
24-BC-79	R. Vijay	24-BC-108	V. V
24-BC-80	R. Vijaya pravin	24-BC-109	P. Yugavathi
24-BC-81	A. Akalya		
24-BC-82	A. Anani		
24-BC-83	M. Akhaya		
24-BC-84	D. Anand		

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NAME & SIGNATURE OF INCHARGER



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HOD

S. JEEVALAKSHMI
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ATTENDANCE SHEET
THURIYAM MEDITATION
N.G.M. COLLEGE (AUTONOMOUS) : POLLACHI - 642 001.

COURSE & BRANCH : D₁ - CT
MONTH & YEAR : DEC & 2024
SUBJECT CODE : 24 HEC 202 31.12.2024
TITLE OF THE PAPER : HUMAN EXCELLENCE -FAMILY VALUES VALUES &
INDIAN YOGA PRACTICE - II

Reg. No	Signature	Reg. No	Signature
CT - 2A - 01	A. C. S.	2A - CT - 31	S. Anela Sagar.
CT - 2A - 02	A. Chok	2A - CT - 32	M. B. Viriyar
2A - CT - 03	A. Chok	2A - CT - 33	K. Dhanraj
2A - CT - 04	C. S. S. S. S.	2A - CT - 34	T. Dharmini
2A - CT - 05	M. S. S.	2A - CT - 35	K. Dharmini
2A - CT - 06	M. Ching	2A - CT - 36	T. Dharsh
2A - CT - 07	S. S. S.	2A - CT - 37	M. Gunapriya
2A - CT - 08	S. S. S.	2A - CT - 38	K. Harish
2A - CT - 09	S. S. S.	2A - CT - 39	A. Jeyanth
2A - CT - 10	M. Jeyarajam	2A - CT - 40	T. Jeyarajam
2A - CT - 11	S. Kishore	2A - CT - 41	E. Kishore
2A - CT - 12	S. Kishore	2A - CT - 42	K. Kishore
2A - CT - 13	P. N. S.	2A - CT - 43	B. Kishore
2A - CT - 14	P. Mithran	2A - CT - 44	B. Kishore
2A - CT - 15	S. S. S.	2A - CT - 45	M. Krishnadurai
2A - CT - 16	A. N. S. S.	2A - CT - 46	C. N. Madhukumar
2A - CT - 17	M. Pradeep Kumar	2A - CT - 47	G. N. S. S.
2A - CT - 18	R. B. Praveen	2A - CT - 48	D. P. S.
2A - CT - 19	H. S. S.	2A - CT - 49	M. Pournadurai
2A - CT - 20	S. S. S.	2A - CT - 50	N. Priya
2A - CT - 21	S. S. S.	2A - CT - 51	N. S. S.
2A - CT - 22	K. S. S.	2A - CT - 52	K. S. S.
2A - CT - 23	G. Sathesh	2A - CT - 53	K. Sathesh
2A - CT - 24	Long Absent	2A - CT - 54	M. Sathesh
2A - CT - 25	TC	2A - CT - 55	L. N. Sathesh
2A - CT - 26	U. Sathesh	2A - CT - 56	R. Sathesh
2A - CT - 27	TC	2A - CT - 57	R. Sathesh
2A - CT - 28	R. Sathesh	2A - CT - 58	R. Sathesh
2A - CT - 29	A. Angelin priscilla		
2A - CT - 30	K. Archana		

NAME & SIGNATURE OF INCHARGER
S. MAHESWARI

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FOR P. V. S. S.
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ATTENDANCE SHEET
THURIYAM MEDITATION

N.G.M. COLLEGE (AUTONOMOUS) : POLLACHI - 642 001.

COURSE & BRANCH : B.Sc Choral Study

MONTH & YEAR : DEC & 2024

SUBJECT CODE : 94HEC 202

31.12.2024

TITLE OF THE PAPER : HUMAN EXCELLENCE -FAMILY VALUES VALUES &
INDIAN YOGA PRACTICE - II

Reg. No	Signature	Reg. No	Signature
24-CH-01	S. Sany		
24-CH-02	abs		
24-CH-03	abs.		
24-CH-04	S. Aishu		
24-CH-05	Quilla A.		
24-CH-06	S. Aruna		
24-CH-07	V. Chithrakala		
24-CH-08	K. Deepika		
24-CH-09	J. S.		
24-CH-10	Jasani. Gv		
24-CH-11	JayaPriya. C.		
24-CH-12	Karthika. G		
24-CH-13	Nadhumitha		
24-CH-14	Mohana Priya. V		
24-CH-15	Nandhini. N.		
24-CH-16	abs.		
24-CH-17	Priyanga. V		
24-CH-18	R. Shalini		
24-CH-19	Shikha Fathima. P		
24-CH-20	Sabiga. T		
24-CH-21	S. Sumanjya		
24-CH-22	Sowthi. S		
24-CH-23	Shruti		
24-CH-24	Uthayavani. M		

S. Maheswari
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COURSE & BRANCH : B.Sc.IT

MONTH & YEAR : DEC & 2024

SUBJECT CODE : 24 HEC 202

31.12.2024

TITLE OF THE PAPER : HUMAN EXCELLENCE -FAMILY VALUES VALUES &
INDIAN YOGA PRACTICE - II

Reg. No	Signature	Reg. No	Signature
24-IT-02	S. Ashok Kumar	24-IT-33	
24-IT-03	M. R. C. Ramesh	24-IT-34	T. Madhumitha
24-IT-04	D. Gireja	24-IT-35	S. Nohara Priya
24-IT-05	A. Gokulath	24-IT-36	M. Nimisha
24-IT-06	C. Teva	24-IT-37	J. Rana
24-IT-07	S. Kalaiarasan	24-IT-38	M. Pavithra
24-IT-08	Manibharathi A	24-IT-39	K. Paja
24-IT-09	V. Pragathesh Vishu	24-IT-40	
24-IT-10	D. Siva	24-IT-41	S. Puthi
24-IT-11	N. N	24-IT-42	S. Puthi
24-IT-12	J. Simeyon	24-IT-43	T. Raviga priya
24-IT-13	Suresan A	24-IT-44	S. Chandhija
24-IT-14	V. Vinoda	24-IT-45	T. M. Luv
24-IT-15	S. Banu	24-IT-46	G. Sathya
24-IT-16	M. Anura	24-IT-47	R. Sravanashini
24-IT-17	V. Chika	24-IT-48	M. Siva Siva
24-IT-18	Chitra	24-IT-49	S. Sathya
24-IT-19	S. Abudha	24-IT-50	Suktha M
24-IT-20	S. Durga Prasad	24-IT-51	R. Tannika
24-IT-21	D. P. J. D. Harini	24-IT-52	umamaheswari E
24-IT-22	S. Hari Priya	24-IT-53	
24-IT-23	A. Sarani	24-IT-54	B. V. Sathya
24-IT-24	S. Siva	24-IT-55	M. Valarmathi
24-IT-25	A. Jeysha Blessy	24-IT-56	M. Hemaprabha
24-IT-26	M. Jeysha Merlin		
24-IT-27	J. Siva		
24-IT-28	M. Jyothi		
24-IT-29	D. Janyasri		
24-IT-30			
24-IT-31	B. Kuma		
24-IT-32	S. Kanya		

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ATTENDANCE SHEET
THURIYAM MEDITATION
N.G.M. COLLEGE (AUTONOMOUS) : POLLACHI - 642 001.

COURSE & BRANCH : B.Sc. Botany

MONTH & YEAR : DEC & 2024

SUBJECT CODE : 24HEC 202

31.12.2024

TITLE OF THE PAPER : HUMAN EXCELLENCE -FAMILY VALUES VALUES &

INDIAN YOGA PRACTICE - II

Reg. No	Signature	Reg. No	Signature
24-BT-05	S. Kathiresan	24-BT-31	A. Yasmin Aibat
24-BT-01	ABS		
24-BT-02	T. Discontenew		
24-BT-03	M. G. M. J.		
24-BT-04	S. J. S. R. S.		
24-BT-05	S. Kathiresan		
24-BT-06	ABS		
24-BT-07	M. S. MADHURANANDH		
24-BT-08	S. Naren Karthik		
24-BT-09	M. NIGUS DEEN		
24-BT-10	S. SHYED RIZAZDEEN		
24-BT-11	N. K. Tejaswin		
24-BT-12	T. C. B. S. C. T. H. S.		
24-BT-13	V. Vinodh Kumar		
24-BT-14	M. Yuvraj		
24-BT-15	A. Banumathi		
24-BT-16	R. Gowri		
24-BT-18	R. Karimoghe		
24-BT-19	K. Karthikeyini		
24-BT-20	R. K. S. S.		
24-BT-21	S. Mahadurga sri		
24-BT-22	A. Harshat		
24-BT-23	P. Muthulakshmi		
24-BT-24	G. Renuka		
24-BT-25	ABS		
24-BT-26	S. Srimathi		
24-BT-27	M. N. G. S. S. S.		
24-BT-28	T. Swetha		
24-BT-29	K. Thendrakumari		
24-BT-30	K. Vishnini		

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ATTENDANCE SHEET
THIRUVIYAM MEDITATION
N.G.M. COLLEGE (AUTONOMOUS) : POLLACHI - 642 001.

COURSE & BRANCH : DI Bcom CA(C)

MONTH & YEAR : DEC & 2024

31.12.2024

SUBJECT CODE : 24 HEC 202

TITLE OF THE PAPER : HUMAN EXCELLENCE - FAMILY VALUES VALUES &

INDIAN YOGA PRACTICE - II

Reg. No	Signature	Reg. No	Signature
24-CC-146	M. Senth	24-CC-160	Harika V.S
24-CC-127	Shanika	24-CC-178	M. Varishnu
24-CC-128	Ganesh	24-CC-168	Monika S
24-CC-132	K. Hariprasath	24-CC-177	Tamilarasi K
24-CC-126	Dhruva	24-CC-175	Sri Vinodhini J
24-CC-145	K. Pradeep T	24-CC-164	Madhana Sree M
24-CC-144	Sakti Sathya	24-CC-150	S. Akcharya Sre
24-CC-138	M. K. K.	24-CC-151	P. Balasubramanian
24-CC-121	S. Akshay	24-CC-166	Madhumitha K
24-CC-133	M. Jyoti	24-CC-171	Priya Dharshini V
24-CC-135	P. Kamalash	24-CC-174	Shrinidhi K
24-CC-142	N. Praneetha	24-CC-159	Hari Priya P
24-CC-140	L. Madhavi	24-CC-152	Boomathi T
24-CC-148	M. V. S.	24-CC-149	Vijayakrishna J
24-CC-130	B. Gowtham		
24-CC-129	L. Gowtham		
24-CC-161	S. S.		
24-CC-155	L. Chomathi		
24-CC-172	M. Dhanu		
24-CC-170	M. M. Thuli		
24-CC-173	V. Shanmuga		
24-CC-157	R. Prathvi		
24-CC-165	Madhumitha K		
24-CC-171	Priya Dharshini V		
24-CC-166	Madhumitha K		
24-CC-169	Monika J		
24-CC-167	Madhana Priya G		
24-CC-153	Boomi		
24-CC-179	Varshini M		

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Thuriyam Initiation

ATTENDANCE SHEET THURIYAM MEDITATION

N.G.M. COLLEGE (AUTONOMOUS) : POLLACHI - 642 001.

COURSE & BRANCH : D, BBA

MONTH & YEAR : DEC & 2024

SUBJECT CODE : 24 HEC 208

31.12.2024

TITLE OF THE PAPER : HUMAN EXCELLENCE -FAMILY VALUES VALUES &

INDIAN YOGA PRACTICE - II

Reg. No	Signature	Reg. No	Signature
24-BM-29	N. Sanjay	24-BM-44	N. Gouthami
24-BM-01	G. D.	24-BM-46	A. M. K.
24-BM-06	G. P.	24-BM-50	K. Sahana
24-BM-07	D. K. K. C.	24-BM-51	M. Subhila
24-BM-23	K. N. S. N. N.	24-BM-38	T. K.
24-BM-55	M. R.		
24-BM-03			
24-BM-31	T. S.		
24-BM-40	V. K.		
24-BM-13	S. Hari Kishore		
24-BM-24	P. Saranne Rajan		
24-BM-27	P. Sakthivel		
24-BM-30	P. Sivaselvan		
24-BM-05	S. P.		
24-BM-14	A. Teja Sree		
24-BM-28	B. Suresh		
24-BM-02	A. Nivaranjan		
24-BM-10	M. Gail		
24-BM-15	V. S.		
24-BM-20	A. Nataraj		
24-BM-34	M. Thirumani		
24-BM-52	P. Supriya		
24-BM-54	V. S.		
24-BM-55	B. P.		
24-BM-45	M. K.		
24-BM-43	M. Ganga		
24-BM-47	A. S.		
24-BM-42	K. Anurupa		
24-BM-53	P. Sarathi		
24-BM-48	K. Ponuganeni		

NAME & SIGNATURE OF INCHARGER

D. Anandaboudari

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S.JEYALAKSHMI

ATTENDANCE SHEET
THURIYAM MEDITATION
N.G.M. COLLEGE (AUTONOMOUS) : POLLACHI - 642 001.

COURSE & BRANCH : B. SC. COMPUTER SCIENCE - A.
MONTH & YEAR : DEC & 2024
SUBJECT CODE : 24HEC 202
TITLE OF THE PAPER : HUMAN EXCELLENCE - FAMILY VALUES - VALUES &
INDIAN YOGA PRACTICE - II

Reg. No	Signature	Reg. No	Signature
24-CE-01	A. Ajay	24-CE-032	M. Deebika
24-CE-02	N. A.	24-CE-033	Dharmasree M
24-CE-03	P. D.	24-CE-034	Dhanalakshmi
24-CE-04	Dhyan	24-CE-035	M. Dhanshini
24-CE-06	S. D.	24-CE-036	S. Elakya
24-CE-07	G. S.	24-CE-037	S. Jaisree
24-CE-08	G. G. Gaganesh	24-CE-038	K. Indhumathi
24-CE-09	E. Jeyaraj	24-CE-039	Tamara V
24-CE-010	M. Karan	24-CE-040	Jeevathani M
24-CE-011	A. K.	24-CE-041	Kelavani S.
24-CE-012	P. M.	24-CE-042	M. Karthika
24-CE-013	H. N.	24-CE-043	V. Keerthiselvi
24-CE-014	V. S.	24-CE-044	S. Lakshmi Prabha
24-CE-015	Raj. J.	24-CE-045	LA
24-CE-016	Raj.	24-CE-046	R. Madhumitha
24-CE-017	S. S.	24-CE-047	S. Megaladevi
24-CE-018	M. S.	24-CE-048	R. Nivetha
24-CE-019	Srinivasan	24-CE-049	S. Parveena
24-CE-020	absent	24-CE-050	S. Prasadharan
24-CE-021	L. V.	24-CE-051	M. Raji
24-CE-022	J. Gaganesh	24-CE-052	E. Prithika
24-CE-023	Arunthidhar	24-CE-053	Absent
24-CE-024	N. Akshayan	24-CE-054	M. N. Shela Karthika
24-CE-025	Akshaya A.S.	24-CE-055	Shalini
24-CE-026	S. S.	24-CE-056	K. Shanmugha
24-CE-027	P. Anitha	24-CE-057	B. Suthi
24-CE-028	G. Raji	24-CE-058	K. Suresh
24-CE-029	M. Raji	24-CE-059	S. Suresh
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24-CO-07	S. Kalai		
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TITLE OF THE PAPER : HUMAN EXCELLENCE -FAMILY VALUES VALUES & INDIAN YOGA PRACTICE - II

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24-CM-07	R. Gens	24-CM-26	K. A. K. 01.24
24-CM-14	J. S. 01.24	24-CM-45	A. A. 01.24
24-CM-11	S. K. 01.24	24-CM-60	Yuvakarthika. V.K.
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24-BE-01	LONG Absent	24-BE-32	B.L. Chandine Babu
24-BE-02	A. A. A.	24-BE-33	P. Deepa
24-BE-03	J. Anand	24-BE-34	M. Deepika
24-BE-04	B. B.	24-BE-35	F. Deepthi Lakshmi
24-BE-05	D. D.	24-BE-36	S. Dharmarajwari
24-BE-06	S. S.	24-BE-37	A. Dharmaraj
24-BE-07	V. Gopikrishna	24-BE-38	Dharmaraj R.
24-BE-08	T. Jayakumar. T.	24-BE-39	S. Divya
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24-BE-21	Long absent	24-BE-51	M. M.
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24-BE-25	M. M.	24-BE-55	G. G.
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24-BE-29	M. M.		
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24-ZL-02	M. Dharmaswari	24-ZL-31	
24-ZL-03	G. Dharmaraj	24-ZL-32	M. Viji
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24-ZL-09	M. Sathiyamoorthy		
24-ZL-10	LN		
24-ZL-11	G. Thani		
24-ZL-12	Yogeswari		
24-ZL-13	Abhinaya D		
24-ZL-14	S. Abhinav		
24-ZL-15	S. Durgadevi		
24-ZL-16	S. Gopika		
24-ZL-17	TC		
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24-ZL-19	M. Jayaraj		
24-ZL-20	S. Karthikeyan		
24-ZL-21	N. Kuningi		
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24-ZL-35



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Reg. No	Signature	Reg. No	Signature
24 - BC - 01		24 - BC - 30	S. Suresh
24 - BC - 02	A. Bala	24 - BC - 31	S. Suresh
24 - BC - 03	R. Balakrishnan	24 - BC - 32	A.
		24 - BC - 33	K. Dhanasekar
24 - BC - 04	S. Bala	24 - BC - 34	M. Dhanasekar
24 - BC - 05	P. Bala	24 - BC - 35	(K. Dhanasekar)
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24 - BC - 18	S. Suresh	24 - BC - 48	J. Suresh
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24 - BC - 21	G. Suresh	24 - BC - 51	S. Suresh
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24 - BC - 23	S. Nattudurai	24 - BC - 53	T. Vijayalakshmi
24 - BC - 24		24 - BC - 54	V. Suresh
24 - BC - 25	S. Suresh	24 - BC - 55	M. Suresh
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24-HT-03	S. Dinagar	24-HT-32	Kaleeswari -or.
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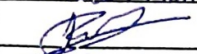
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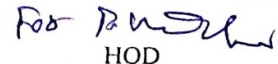
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24 AM 13	S. Senthil	24 AM 43	S. Senthil
24 AM 14	S. Senthil	24 AM 44	S. Senthil
24 AM 15	S. Senthil	24 AM 45	S. Senthil
24 AM 16	S. Senthil		
24 AM 17	S. Senthil		
24 AM 18	S. Senthil		
24 AM 19	S. Senthil		
24 AM 20	S. Senthil		
24 AM 21	S. Senthil		
24 AM 22	S. Senthil		
24 AM 23	S. Senthil		
24 AM 24	S. Senthil		
24 AM 25	S. Senthil		
24 AM 26	S. Senthil		
24 AM 27	S. Senthil		
24 AM 28	S. Senthil		
24 AM 29	S. Senthil		
24 AM 30	S. Senthil		

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24-CC-61	A. J.	24-CC-91	K. J.
24-CC-62	C. J.	92	J. J.
24-CC-63	K. J.	93	K. J.
64	T. J.	94	S. J.
65	S. J.	95	A. J.
66	M. J.	96	K. J.
67	C. J.	97	M. J.
68	K. J.	98	M. J.
69	A. J.	99	M. J.
70	R. J.	100	M. J.
71	J. J.	101	S. J.
72	M. J.	102	S. J.
73	M. J.	103	K. J.
74	M. J.	104	S. J.
75	M. J.	105	M. J.
76	M. J.	106	K. J.
77	N. J.	107	P. J.
78	K. J.	108	G. J.
79	S. J.	109	M. J.
80	J. J.	110	M. J.
81	J. J.	111	M. J.
82	V. J.	112	S. J.
83	J. J.	113	S. J.
84	K. J.	114	S. J.
85	J. J.	115	K. J.
86	B. J.	116	S. J.
87	V. J.	117	J. J.
88	T. J.	118	R. J.
89	K. J.	119	R. J.
90	Ch. J.	120	J. J.

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TITLE OF THE PAPER : HUMAN EXCELLENCE -FAMILY VALUES &
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24-DA-01	F. Asik Ahamed.	24-DA-31	Geetha S.
24-DA-02	M. Giliy	24-DA-32	K. Maha
24-DA-03	P. Deepak.	24-DA-33	K. Narmatha devi
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24-DA-28	S. Karan		
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24-DA-30	Geetha		

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COURSE & BRANCH : DI B.com IB

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24 IB 01	S. Jeyaraj	31	Supitha Smt. P.
24 IB 02	S. Jeyaraj	32	S. Tamilarasi
03	ABS	33	ABS
04	R. Dny...	34	D. Vageswary.
05	S. Dhinesh Kumar	35	
06	ABS		
07	ABS		
08	V. Umth...		
09	N. P. P.		
10	P. S. P.		
11	T. K. K.		
12	M. I. P.		
13	S. P.		
14	J. P.		
15	P. P.		
16	E. N. P.		
18	R. P.		
19	P. P.		
20	ABS		
21	K. P.		
22	ABS		
23	K. Aarthi		
24	C. A. A. R.		
25	M. P.		
26	ABS		
27	P. P.		
28	P. P.		
29	S. P.		
30	S. P.		

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N.G.M. COLLEGE (AUTONOMOUS) : POLLACHI - 642 001.

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SUBJECT CODE : 24 HEC 202

02.01.2025

TITLE OF THE PAPER : HUMAN EXCELLENCE -FAMILY VALUES &

INDIAN YOGA PRACTICE - II

Reg. No	Signature	Reg. No	Signature
24-CS-18	K. P. A.	24-CS-37	M. Pawithisa
24-CS-03	A. M. D.	24-CS-47	M. K. Sureshtha
24-CS-16	R. Sujithy	24-CS-50	S. Vasthij. M.
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24-CS-04	Arun Kumar. K	24-CS-32	R. M. E
24-CS-05	Ch. G.	24-CS-30	Teeritha
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24-CS-33	M. Lavanya		
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24-CS-34	M.		
24-CS-48	S. Thennas		
24-CS-42	K. P. S. S.		
24-CS-21	M. P. S.		
24-CS-38	S. P. S. S.		
24-CS-22	S. S. S.		
24-CS-46	H. S. S.		
24-CS-20	S. S. S.		
24-CS-27	V. S. S.		
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24-CS-25	N. S. S.		

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02.01.2025

TITLE OF THE PAPER : HUMAN EXCELLENCE - FAMILY VALUES &
INDIAN YOGA PRACTICE - II

Reg. No	Signature	Reg. No	Signature
24-CE-76	Sabari gh. K	24-CE-111	P. Ramya
24-CE-65	Sh. R.	24-CE-90	P. Dhanyasini
24-CE-77	S. SMK	24-CE-110	G. Priyadarshini
24-CE-66	k. S. S.	24-CE-97	Harini. K
24-CE-68	Jagatheswar M	24-CE-107	Meera Devi. D.J
24-CE-82	M. S. J.	24-CE-108	Nivetha. V
24-CE-83	M. Vijay	24-CE-94	A. Anjali
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24-CE-62	Sh. S.	24-CE-89	Dhan S.
24-CE-73	Arsath	24-CE-87	Ashleyh.
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24-CE-98	Jayanthi. J		
24-CE-115	S. S.		
24-CE-116	N. S. S.		
24-CE-92	G. S.		
24-CE-119	N. S. S.		

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INDIAN YOGA PRACTICE - II

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THURIYAM MEDITATION
N.G.M. COLLEGE (AUTONOMOUS) : POLLACHI - 642 001.

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MONTH & YEAR : DEC & 2025

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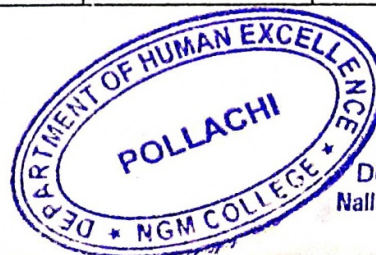
TITLE OF THE PAPER : HUMAN EXCELLENCE - FAMILY VALUES VALUES &

INDIAN YOGA PRACTICE - II

Reg. No	Signature	Reg. No	Signature
24-BT-01	T. Amarnath	24-BT-01	
24-BT-02	Deepak. V	24-BT-02	Deepak. V
24-BT-03	Sankar. Krishna.		
24-BT-04	M. Guna Shankar.	24-BT-04	M. Guna
24-BT-05	Long Absent		
24-BT-06	Mo. hamedul.		
24-BT-07	P. J. mannavar	24-BT-07	P. J. Man.
24-BT-08	B. Periyannavel	24-BT-08	Periyannavel
24-BT-09	S. Sanjay Kumar	24-BT-09	S. Sanjay
24-BT-10	S. Sathishkannan	24-BT-10	S. Sathish
24-BT-11	G. Tharun		
24-BT-12	S. Syed Ibrahim	24-BT-12	S. Syed
24-BT-13	Long Absent		
24-BT-14	G. Vinodh	24-BT-14	G. Vinodh
24-BT-15	Abarna. P.		
24-BT-16	Long Absent		
24-BT-17	Durgasravini. N.S		
24-BT-18	Gokula. R.		
24-BT-19	S. Sankaradev		
24-BT-20	S. Anusree		
24-BT-21	Madhu.		
24-BT-22	W. Thyra		
24-BT-23	Sarunmathi. K.		
24-BT-24	R. Selvanayake. R.		
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24-BT-26	Sirekha. T.		
24-BT-27	Subbaharini. G.		
24-BT-28	Dev.		
24-BT-29	Vishnavi. M		

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Reg. No	Signature	Reg. No	Signature
24-CO-41	B. Balagiri	24-CO-71	S. Suresha
24-CO-42	L. Ab	24-CO-72	M. P. Vishnu Pragna
24-CO-43		24-CO-73	P. Vishnu Priya
24-CO-44	L. Ab	24-CO-74	Vam
24-CO-45	N. Nandh		
24-CO-46	S. Nandh		
24-CO-47	N. Pandh		
24-CO-48	G. Pandh		
24-CO-49	A. Raghavanna		
24-CO-50	S. Ragh		
24-CO-51	S. Ragh		
24-CO-52	D. Shal		
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24-CO-55	K. Akila		
24-CO-56	Anjana-R		
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24-CO-60	Tarani B		
24-CO-61	Tarani M		
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24-CO-63	V. Mohan Pragna		
24-CO-64	B. Mohan Pragna		
24-CO-65	K. Prabhavathi P		
24-CO-66	R. Prabhavathi P		
24-CO-67	R. Lakshmi		
24-CO-68	S. Rithika		
24-CO-69	Long Ab		
24-CO-70			

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		24-EC-30	
24-EC-01		24-EC-31	Vishal Kumar A.
24-EC-02		24-EC-32	
24-EC-03		24-EC-33	J. Abhinav
24-EC-04	S. Dinesh	24-EC-34	A. Aychana
24-EC-05		24-EC-35	A. Arthy S. T.
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24-EC-20	N. N. S.	24-EC-50	M. Ponselvi
24-EC-21	R. Nithya K. D.	24-EC-51	M. Pramadhani
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24-EC-23	E. Sagar	24-EC-53	M. Sowmitha
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24-EC-29	S. V. S. S.	24-EC-59	

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INDIAN YOGA PRACTICE - II

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COURSE & BRANCH : B.COM (CPA)

MONTH & YEAR : 5th SEM & 2025

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TITLE OF THE PAPER : HUMAN EXCELLENCE - FAMILY VALUES VALUES &

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24-CP-01		24-CP-31	K.P. Ghayathri
24-CP-02		24-CP-32	K. Gokuladharshini
24-CP-03		24-CP-33	H.H.
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24-CP-28	M. Divya	24-CP-58	S. S.
24-CP-29	S. Divya	24-CP-59	D. Saran
24-CP-30		24-CP-60	D. Saran M.

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N.G.M. COLLEGE (AUTONOMOUS) : POLLACHI - 642 001.

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TITLE OF THE PAPER : HUMAN EXCELLENCE -FAMILY VALUES VALUES &
INDIAN YOGA PRACTICE - II

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Reg. No	Signature	Reg. No	Signature
24-CC-01	A. K. S. S.	24-CC-31	Bhuvaneshwari
24-CC-02	K. Bharathi Kumar	24-CC-32	M. Hanuja
24-CC-03	OD	24-CC-33	OD
24-CC-04	.	24-CC-34	OD
24-CC-05	S. Dharan	24-CC-35	OD
24-CC-06	R. D. Raju	24-CC-36	OD
24-CC-07	P. N. S. P.	24-CC-37	OD
24-CC-08	R. S. S. S.	24-CC-38	C. D. S.
24-CC-09	D. G. S.	24-CC-39	K. S. S.
24-CC-10	G. S. S.	24-CC-40	OD
24-CC-11	D. H. S. S.	24-CC-41	OD
24-CC-12	S. S. S.	24-CC-42	OD
24-CC-13	S. S. S.	24-CC-43	OD
24-CC-14	T. K. S. S.	24-CC-44	OD
24-CC-15	A. S. S.	24-CC-45	G. S. S.
24-CC-16	B. S. S.	24-CC-46	OD
24-CC-17	H. S. S.	24-CC-47	OD
24-CC-18	M. S. S.	24-CC-48	OD
24-CC-19	M. S. S.	24-CC-49	OD
24-CC-20	A. S. S.	24-CC-50	OD
24-CC-21	P. S. S.	24-CC-51	OD
24-CC-22	K. S. S.	24-CC-52	OD
24-CC-23	S. S. S.	24-CC-53	OD
24-CC-24	S. S. S.	24-CC-54	OD
24-CC-25	S. S. S.	24-CC-55	OD
24-CC-26	M. Venkatesh	24-CC-56	OD
24-CC-27	D. S. S.	24-CC-57	OD
24-CC-28	A. S. S.	24-CC-58	OD
24-CC-29	M. A. K.	24-CC-59	OD
24-CC-30	S. Anitha	24-CC-60	M. V. S.

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COURSE & BRANCH : D₁ B.Sc. Physics

MONTH & YEAR : JANUARY & 2025

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COURSE & BRANCH : D, BPS

MONTH & YEAR : JANUARY & 2025

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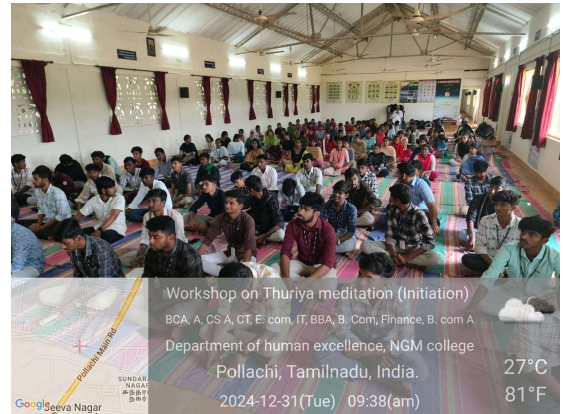
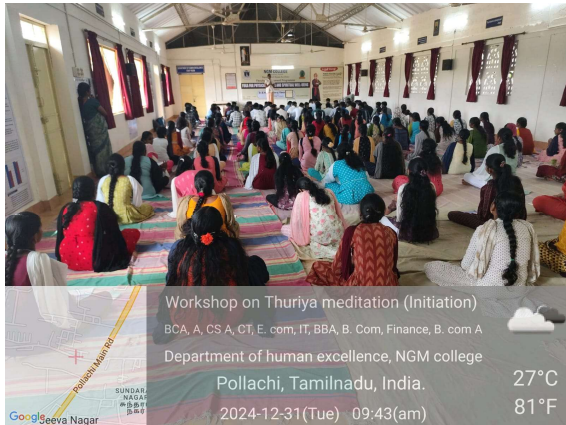
9. GnanaSoudari

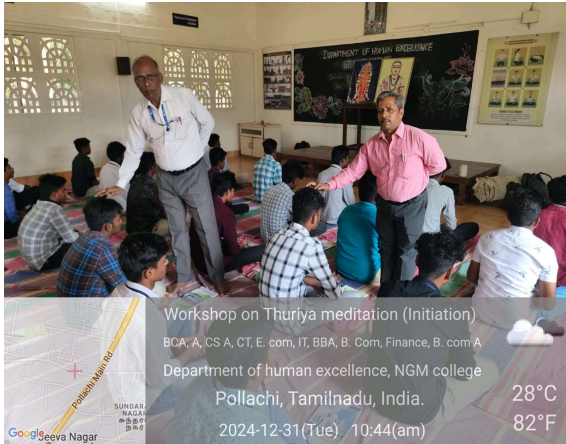
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HOD,
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Photos on 31.12.2024





Workshop on Thuriya meditation (Initiation)
BCA, A, CS A, CT, E. com, IT, BBA, B. Com, Finance, B. com A
Department of human excellence, NGM college
Pollachi, Tamilnadu, India.
2024-12-31(Tue) 10:44(am)

28°C
82°F



Workshop on Thuriya meditation (Initiation)
BCA, A, CS A, CT, E. com, IT, BBA, B. Com, Finance, B. com A
Department of human excellence, NGM college
Pollachi, Tamilnadu, India.
2024-12-31(Tue) 10:34(am)

28°C
82°F



Workshop on Thuriya meditation (Initiation)
BCA, A, CS A, CT, E. com, IT, BBA, B. Com, Finance, B. com A
Department of human excellence, NGM college
Pollachi, Tamilnadu, India.
2024-12-31(Tue) 10:34(am)

28°C
82°F



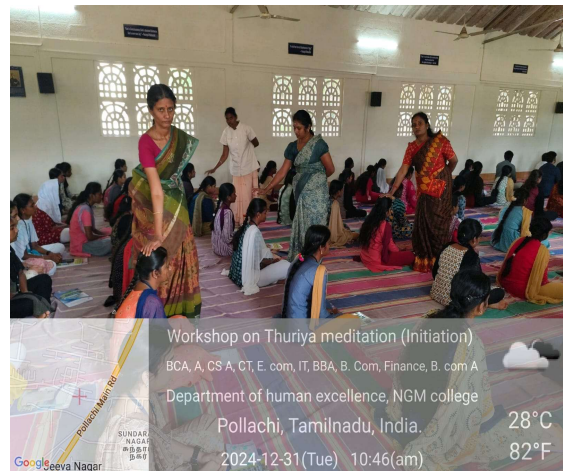
Workshop on Thuriya meditation (Initiation)
BCA, A, CS A, CT, E. com, IT, BBA, B. Com, Finance, B. com A
Department of human excellence, NGM college
Pollachi, Tamilnadu, India.
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28°C
82°F



Workshop on Thuriya meditation (Initiation)
BCA, A, CS A, CT, E. com, IT, BBA, B. Com, Finance, B. com A
Department of human excellence, NGM college
Pollachi, Tamilnadu, India.
2024-12-31(Tue) 10:49(am)

26°C
79°F



Workshop on Thuriya meditation (Initiation)
BCA, A, CS A, CT, E. com, IT, BBA, B. Com, Finance, B. com A
Department of human excellence, NGM college
Pollachi, Tamilnadu, India.
2024-12-31(Tue) 10:46(am)

28°C
82°F



Photos on 02.01.2025

