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## NALLAMUTHU GOUNDER MAHALINGAM COLLEGE

(AUTONOMOUS AND AFFILIATED TO BHARATHIAR UNIVERSITY)

Re-Accredited by NAAC

An ISO 9001 : 2015 Certified Institution Aided by the Government of Tamilnadu



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DATE :

## 4.4.2 MAINTENANCE OF THE SPORTS ROOM

- Regular cleaning is essential to keep the sports room free from dirt, dust, and germs. The floor is swept, wiped, and disinfected on high-touch surfaces such as doorknobs, light switches, and fitness Instruments.
- Keep all Instrument in its designated place and ensure that it is easily accessible. This will prevent clutter and make it easier to find and use.
- Regularly inspect the Instrument for signs of wear and tear and replace any damaged or broken items promptly. This will help to prevent accidents and injuries.
- Good ventilation is essential for an indoor sports room to prevent the buildup of moisture and odors. Keep windows open when possible and use fans to improve air quality.
- Make sure everyone using the sports room knows how to use the Instrument properly to prevent damage and injuries through appropriate preventive measures.
- > The stock registers are updated for the academic year and made available for use at any time.
- Modern gymnasiums are maintained by an in-house team, and they are audited by ISO.
- > The maintenance register is used to maintain to record the repaired Instrument and modifications carried out are also noted.

\* POLLACHI \*

PRINCIPAL N. G. M. COLLEGE, POLLACHI